



## Employee Health Screening

*Caring for your most valuable asset*

# Employee Health Screening

Employee Health Screening involves simple pathology tests that may provide employees an early opportunity to identify and reduce potential health risks, resulting in productivity and cultural benefits for the company.

Including Employee Health Screening in the Workplace Health & Wellbeing Policies of your organisation can prove valuable and cost-effective, and is a good way of ensuring the long-term productivity of your most valuable asset – your staff.

Employee Health Screening can be simple, involving one or two tests, or more complex, involving a range of tests and a physical examination. The type of screening program is determined by the company in conjunction with the needs of their employees.

## Benefits To Both The Employee And Your Organisation

There are a myriad of benefits associated with employee health screening, making it a sound initiative to business success.

### Benefits to Employees:

- Improved performance
- Provides peace of mind
- Identifies risk factors to be aware of in the future
- May identify serious health issues that are easier to treat via early intervention
- Annual health checks allow employees to see the impact lifestyle changes can make to their health

### Benefits for your Organisation:

- Reduced staff absenteeism due to illness
- Improved staff productivity
- Greater staff satisfaction
- Improved morale and loyalty amongst employees
- Incorporated into your benefits package to attract prospective employees



## Potential Health Conditions Or Risk Identified

The table below lists some of the health conditions Clinical Labs testing can identify. Based on the test results, the employee may have a high likelihood of having or developing the disease/condition in the future. By making changes to diet, exercise and lifestyle factors, employees may reduce risk and improve their health. Resulting improvement in employee health often leads to an increase in workplace performance.

Condition	Pathology Test
Heart Health	Lipid Studies (Cholesterol and Triglycerides), ECG
Diabetes Check	Blood Glucose HbA1c
Liver Health	Liver Function Tests, Hepatitis A, B or C Serology
Thyroid Health	Thyroid Function Tests
Anaemia Check	Haemoglobin, Ferritin, Iron Studies
Kidney Health	Urea, Electrolytes, Creatinine
Drug and Alcohol Abuse	Urine Drug and Alcohol Testing, COT (Cotinine)
Bowel (Lower Colon) Health	Occult Blood Test



# Health Screening Tests

Clinical Labs are flexible and willing to work with you in selecting a customised group of tests best suited to the needs of you and your employees.

The table below provides several examples of groups of tests you could select from.

	<b>Example 1 - General Health Check</b> (may be used to determine an employee's general health risk factors)	<b>Example 2 - Expanded General Check Up</b> (also includes vitamin and further biochemical testing)	<b>Example 3 - Full Pathology Health Screen</b> (our full pathology health screen check incorporating multiple investigations)
Lipid Studies (Cholesterol, Triglycerides, LDL/HDL Ratio, Chol/HDL Ratio)	✓	✓	✓
Fasting Glucose Test	✓	✓	✓
Vitamin D		✓	✓
Kidney Function Tests		✓	✓
Liver Function Tests		✓	✓
Faecal Occult Blood Test		✓	✓
Electrocardiogram (ECG) - Trace and Report			✓
Body Mass Index (BMI)			✓

We are able to tailor packages and offer flexible options to suit your needs. To discuss options and pricing, please call our Commercial Pathology team directly on 13LABS (13 52 27).



## Flexible Collection Options

At Clinical Labs we offer you flexibility with two collection options, you simply select the option best suited to the needs of your organisation and employees.

**1. Clinical Labs can provide a collector to attend your workplace.**

On-site testing is a time-saving and efficient method of testing as your employees are provided our service without the need to travel and can return to work immediately.

**2. Your employees can visit one of our 900 conveniently located collection centres.**

To find the Clinical Labs collection centre nearest you, including opening hours, visit [clinicallabs.com.au/location](https://www.clinicallabs.com.au/location)

Our vast and experienced courier network ensures samples reach our central labs with security and sample integrity maintained.

## Results & Confidentiality

There are several options for receiving your reports, including our convenient and secure online result portal, eViewer. Hardcopy and faxed results are also available upon request. Employee health screening reports are sent directly to the company, most commonly your HR or OH&S representative. Consultation is available for all testing procedures and result interpretation.

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*We have had the privilege of working with the team at Clinical Labs who provide pathology testing for our agency employees. The staff are always friendly, approachable and informative. The cost associated with serology screening is very reasonable and results are available via a secure online portal within 48 hours. This creates efficiencies for our business at HCA and allows our staff to commence employment without delays. To date, the service provided by the team has been exceptional. We look forward to our continued work with Clinical Labs.*

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**Stephanie Briggs, Healthcare Australia**



## About Australian Clinical Labs

At Australian Clinical Labs, we combine pathology leadership, ground-breaking technology and the best scientists in the field to bring better outcomes for doctors and patients alike.

We are one of the largest pathology providers in Australia with our laboratories performing close to 8 million episodes a year for a range of referrers including doctors, specialists, patients, hospitals and corporate clients.

Along with providing routine and specialised pathology tests for our GP and specialist referrers, we also offer commercial pathology services for companies, occupational health and safety providers, consultants and government bodies.

## Commercial Pathology Services:

- **Employee Health Screens**
- Insurance/Superannuation Related Testing
- Pre-employment Screening
- Drug and Alcohol Testing
- Biological Monitoring
- Environmental Water Testing
- Clinical Trials



90 NATA-  
accredited  
laboratories



Our expert team of  
RCPA-accredited  
pathologists



900  
Conveniently located  
collection centres

## Quality Assurance

All Clinical Labs laboratories are accredited by the National Association of Testing Authorities (NATA) to AS ISO 15189-2013 providing confidence that all testing and results are of the highest quality, regularly audited, and continually meet rigorous standards. Clinical Labs' laboratories are equipped with state-of-the-art instrumentation.

Clinical Labs has rigorous security measures in place as required by NATA, which provides comfort to all our clients, medical practitioners and patients, that information received or created by Clinical Labs will be treated in a highly confidential manner. Clinical Labs has instituted strict standard operating procedures for the release of patient information, ensuring patient confidentiality is maintained and results are released only to authorised parties.

### Victoria

1868 Dandenong Road  
Clayton VIC 3168

(03) 9538 6777

### New South Wales

Units 104-112  
14 Lexington Drive  
Bella Vista NSW 2153

(02) 8887 9999

### Northern Territory

Darwin Private Hospital  
Ground Floor, 19 Florey Avenue  
Tiwi NT 0810

(08) 8945 2506

### South Australia

1 Butler Boulevard  
Adelaide Airport SA 5950

(08) 8205 5655

### Western Australia

23 Walters Drive  
Osborne Park WA 6017

1300 367 674

### Australian Capital Territory

3 Chandler Street  
Belconnen ACT 2617

(02) 6252 9707

If you would like more information on the Employee Health Screening services offered by Clinical Labs, please call our Commercial Team on 13LABS (13 52 27) or email [commercial@clinicallabs.com.au](mailto:commercial@clinicallabs.com.au).