

Micro Urine Collection

for Adults and Toilet-Trained Children



Equipment

- 1x 70ml Yellow-top Container
- Sterile Water Wipe

Procedure

For Females

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

- Wash hands thoroughly.
- Cleanse vagina from front to back twice with sterile water wipe and hold labia apart and commence passing urine.
- After a few seconds, without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds, or until the container is half-filled.
- Avoid contaminating the inside of the container with your finger or contact with vulva.
- After urine is collected, replace the lid on the container ensuring correct threading and secure closure.
- **Write your surname, first given name and date of birth on container, label with time and date of collection.**
- Refrigerate the specimen or keep in a cool place until returned to a Clinical Labs Collection Centre.

For Males

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

- Wash hands thoroughly.
- If uncircumcised, retract foreskin and cleanse with sterile water wipe.
- Commence passing urine into the toilet. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds, or until the container is half-filled.
- Replace lid on container ensuring correct threading and secure closure.
- **Write your surname, first given name and date of birth on container, label with time and date of collection.**
- Refrigerate specimen or keep in a cool place until returned to a Clinical Labs Collection Centre.