

Patient Instructions

Collection of 24 Hour Urine into Plain Container

Equipment

- 24 Hour Urine Container, available from any Australian Clinical Labs Collection Centre.

Procedure

- Procedure
- Eat and drink normally prior to the collection unless instructed otherwise.
- At the start of the collection, completely empty your bladder and discard the urine.
- This is the start time.
- Record the start time on the label of the container.
- During the next 24 hours, collect all urine passed into the container.
- Exactly 24 hours after the starting time, empty bladder into the container. The collection is now complete.
- Record the completion time on the label of the 24 hour container.
- Store sample during collection time in a cool place avoiding direct sunlight.
- **Write your surname, first given name, date of birth and the date/time of collection on the container label.**
- Please deliver the completed sample to a Clinical Labs Collection Centre as soon as possible.
- The collection staff will check your details (surname, first given name, date of birth and date/time of collection on the container label) against the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of the reporting of your results.