

A GUIDE TO SELF-COLLECT HPV TESTING

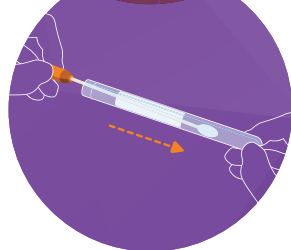
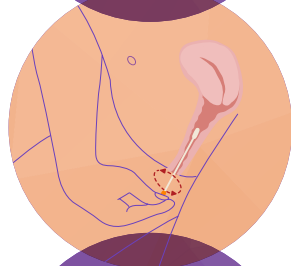
Instructions for self-collect HPV testing

Materials required:

- Request Form
- Dry Flocked Copan Swab

Self-collect instructions:

1. Prepare the swab provided by twisting the red cap and removing the swab from the packaging. Do not touch the tip of the swab, do not put the swab down, and do not use any lubricant.
2. Insert the swab deep inside the vagina, not just the entrance.
3. Gently rotate the swab in a circular motion for about 10 rotations.
4. Immediately place the swab back into the container and secure the cap.
5. Record your name, date of birth and address on the vial. Place the vial and request form in the enclosed specimen collection bag for transport to the laboratory.
6. The results of the test will be sent to your healthcare provider.



Ask your healthcare provider for assistance if you are experiencing difficulties collecting the sample, or if you would like these instructions explained further.

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